

# Young people with caring responsibilities

A carer is anyone who has a commitment to providing unpaid care to a family member or friend who could not cope without their support. This may be due to illness, disability, a mental health issue, or substance misuse. There are approximately 375,000 young adult carers in the UK. Our events for young people with caring responsibilities will provide tailored IAG about higher education and the range of support available.<sup>2</sup>

## Young Carers Day 3 7

**Venue:** Online

**Date:** 29th January 2021

**Audience:** Y9+

This event is a fantastic opportunity for students with caring responsibilities to find out more about what studying at university is like, an opportunity to find out more about the support available during their higher education journey and a chance to find out about what rights they have as a carer.

<sup>2</sup>[ucas.com/undergraduate/applying-university/individual-needs/students-caring-responsibilities](https://ucas.com/undergraduate/applying-university/individual-needs/students-caring-responsibilities)

## 'HE for Me' Young Carers Session 3 7

**Venue:** Various

**Date:** On request

**Audience:** Y9+

This 20-minute presentation or 45-minute workshop provides a general overview of HE, as well as specific information about the support available for young carers and can be delivered in a venue of your choice. We will tailor this activity to the age and interests of the group.

For further information about support for learners with caring responsibilities visit: [gmhigher.ac.uk/youngcarers/](https://gmhigher.ac.uk/youngcarers/)

