



The University of Manchester

**Making The Most of Support Services:
Supporting Care Experienced
Students at
the University of Manchester**

The Student Wellbeing Team

Overview of the session

**How we can
support
students
during their
studies**

**What support
is available
online**

**What support
is available on
campus**



Evidence-Based

Our offer for Care Experienced students is informed by:

- What the students tell us works for them
- The input of professionals
- Sector best practice advice and research

How can we support students?



Wellbeing



Named Contact



Settling in



Accommodation



Money management



Academic life



Wellbeing

connect

give

take
notice

be active

be healthy

learn and
discover

Activity: What is your six ways pledge? Choose a way and tell us on the whiteboard what you will do to incorporate it into your day.



Named contact

- A named contact from the Student Wellbeing Team for each care experienced student.
- This contact is someone the student can liaise with away from their course, who they can go to with any issue or query.
- A 'one stop shop' so students are not left to navigate support alone.



Settling in

- Welcome meeting with named contact when care experienced students first arrive.
- Many opportunities to socialise and make friends, including Reslife events, societies, sports and course socials.
- If students are struggling advice and support is always available.



Accommodation

- 19 Halls of Residence to choose from, with a dedicated Reslife team in each.
- All year round accommodation available for care experienced students.
- Support with housing from the Students Union and Manchester Student Homes.



Money management

- Support with managing finances and budgeting.
- Help with for accessing bursaries for care experienced students.
- Financial support is available for when students are struggling.

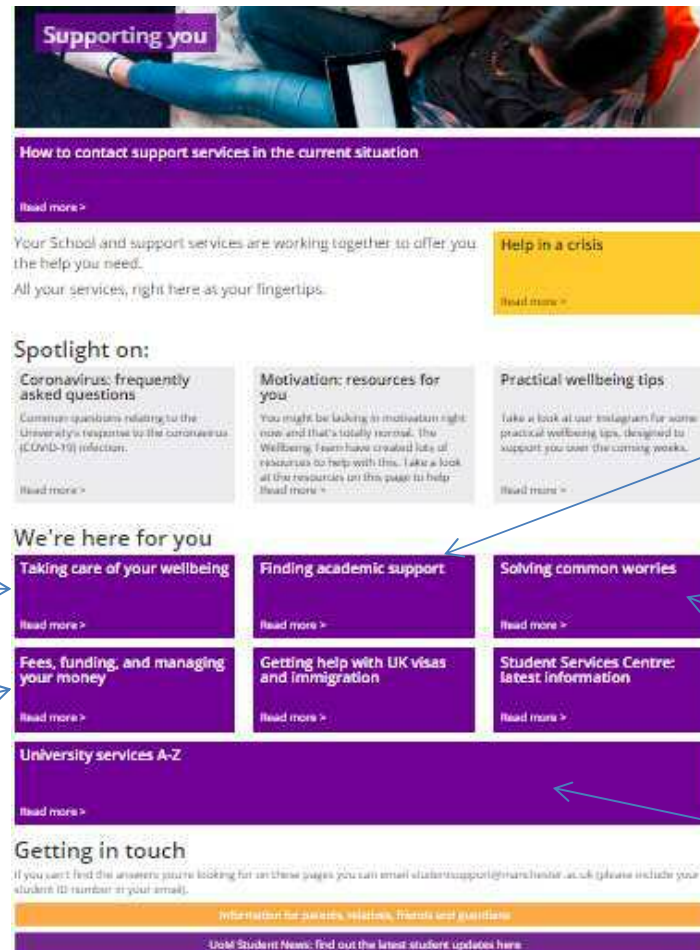


Academic life

- My Learning Essentials, the library's award winning skills programme.
- Assigned Academic Adviser for each student.
- Each academic school has a School Support Office for pastoral and admin support.

What support is available online?

www.manchester.ac.uk/ssa



Wellbeing & self help resources

Money factsheets, tips & discounts

Includes My Learning Essentials resources and workshops

Written for students by students

All University services, including specialist support services such as Counselling and the Disability Advisory and Support Service

What support is available on campus?



Academic/
School

- Academic Advisor, Lecturers and School Support Office.



Peer
Support

- From students who have been in a similar position.



ResLife

- Support for students staying in halls.

Specialist support services

Disability Advisory
& Support Service
(DASS)

Specialist support for students with Specific Learning Disability's such as dyslexia, a mental health difficulty or a physical condition that can affect their studies.

Counselling
& Mental Health
Service

Offers confidential individual appointments, group workshops and self-help tools and materials.

What do you think is the one thing we could do that would really benefit our care experienced students?

Do you have any questions about any of the support we offer?



The University of Manchester

Thank you for listening!

Contact details for more information?